



## **GDPR Privacy Policy**

**Scope:** This document refers to personal data, which is defined as information concerning any living person (a natural person who hereafter will be called the Data Subject) that is not already in the public domain. The General Data Protection Regulation (GDPR) which is EU wide and far more extensive than its predecessor the Data Protection Act, along with the Privacy and Electronic Communications Regulations (PECR), seek to protect and enhance the rights of EU data subjects. These rights cover the safeguarding of personal data, protection against the unlawful processing of personal data and the unrestricted movement of personal data within the EU and its storage within the EEA.

**Who we are:** Fit and Able Ltd are based at Twyford GP surgery, 6 Loddon Hall Road, Twyford, Berkshire RG1 9JA and The Surgery, Victoria Road, Wargrave RG10 8BP. E- [admin@fitandable.co.uk](mailto:admin@fitandable.co.uk); T- 01189340926 W- [www.fitandable.co.uk](http://www.fitandable.co.uk)

**What we do:** We are a provider of NHS and private physiotherapy consultations and a UK wide ergonomics and occupational health physiotherapy service provider. We are members of The Health and Care Professions Council, The Chartered Society of Physiotherapy and a registered member of the Association of Chartered Physiotherapists in Occupational Health and Ergonomics.

### **Personal Data:**

For the purposes of providing treatment, the Clinic may require detailed medical information. We will only collect what is relevant and necessary for your treatment. When you visit our practice, we will make notes which may include details concerning your medication, treatment and other issues affecting your health. This data is always held securely, is not shared with anyone not involved in your treatment, although for data storage purposes it may be handled by pre-vetted staff who have all signed an integrity and confidentiality agreement. To be able to process your personal data it is a condition of any treatment that you give your explicit consent to allow the Clinic to document and process your personal medical data. Contact details provided by you such as telephone numbers, email addresses, postal addresses may be used to remind you of future appointments and provide reports or other information concerning your treatment. As part of our obligations as primary healthcare practitioners there may be circumstances related to your treatment, on-going care or medical diagnosis that will require the sharing of your medical records with other healthcare practitioners e.g., GPs, consultants, surgeons and/or medical insurance companies. You may withdraw consent by simply informing us.

For marketing purposes, the Clinic may also use the contact details provided by you to respond to your enquiries, including making telephone contact and emailing information to you which the practice believes may be of interest to you.

In making initial contact with the Clinic you consent to the Clinic maintaining a marketing dialogue with you until you either opt out (which you can do at any time) or we decide to desist in promoting our services. The Clinic does not broker your data and you can ask to be removed from our marketing database by emailing or phoning the practice using the contact details provided at the end of this Privacy Notice. It is very unlikely we will ever send you marketing information.

Some basic personal data may be collected about you from the marketing forms and surveys you

**Fit and Able Ltd**

[admin@fitandable.co.uk](mailto:admin@fitandable.co.uk) -[www.fitandable.co.uk](http://www.fitandable.co.uk)-01189340926  
Registered in England and Wales No. 5598880



complete, from records of our correspondence and phone calls and details of your visits to our website, including but not limited to, personally identifying information like Internet Protocol (IP) addresses.

**Legal basis for processing any personal data:** To meet our contractual obligations obtained from explicit Patient Consent and legitimate interest to respond to enquiries concerning the services provided.

**Legitimate interests pursued by the Clinic:** To promote treatments for patients with all types of health problems indicated for your best care.

**Consent:** Through agreeing to this privacy notice you are consenting to the Clinic processing your personal data for the purposes outlined. You can withdraw consent at any time by using the postal, email address or telephone number provided at the end of this Privacy Notice.

**Disclosure:** The Clinic will keep your personal information safe and secure, only administrative and clinical staff engaged in providing your treatment will have access to your patient records. The clinic will not disclose your Personal Information unless compelled to, in order to meet legal obligations, regulations or valid governmental requests. The practice may also enforce its Terms and Conditions, including investigating potential violations of its Terms and Conditions to detect, prevent or mitigate fraud or security or technical issues; or to protect against imminent harm to the rights, property or safety of its staff.

**Retention Policy:** The Clinic will process personal data during the duration of any treatment and will continue to store only the personal data needed for eight years after the contract has expired to meet any legal obligations. After eight years all personal data will be deleted, unless basic information needs to be retained by us to meet our future obligations to you, such as erasure details. Records concerning minors who have received treatment will be retained until the child has reached the age of 25.

**Data storage:** All Data is held in the United Kingdom. The Clinic does not store personal data outside the EEA.

**Your rights as a data subject:** At any point whilst the Clinic is in possession of, or processing your personal data, all data subjects have the following rights:

- Right of access – you have the right to request a copy of the information that we hold about you.
- Right of rectification – you have a right to correct data that we hold about you that is inaccurate or incomplete.
- Right to be forgotten – in certain circumstances you can ask for the data we hold about you to be erased from our records.
- Right to restriction of processing – where certain conditions apply you have a right to restrict the processing.
- Right of portability – you have the right to have the data we hold about you transferred to another organisation.
- Right to object – you have the right to object to certain types of processing such as direct marketing.
- Right to object to automated processing, including profiling – you also have the right not to be subject to the legal effects of automated processing or profiling.

In the unlikely event that the Clinic refuses your request under rights of access, we will provide you with



a reason as to why, which you have the right to legally challenge. At your request the Clinic can confirm what information it holds about you and how it is processed.

You can request the following information:

- The contact details of the person or organisation (the Clinic) that has determined how and why to process your data.
- Contact details of our data protection officer, that being Jenny Collis, telephone number : 01189340926 or email: [jennycollis@fitandable.co.uk](mailto:jennycollis@fitandable.co.uk)
- The purpose of the processing as well as the legal basis for processing.
- If the processing is based on the legitimate interests of the Clinic and information about these interests.
- The categories of personal data collected, stored and processed.
- Recipient(s) or categories of recipients that the data is/will be disclosed to.
- How long the data will be stored.
- Details of your rights to correct, erasure, restrict or object to such processing.
- Information about your right to withdraw consent at any time.
- How to lodge a complaint with the supervisory authority (ICO).
- Whether the provision of personal data is a statutory or contractual requirement, or a requirement necessary to enter into a contract, as well as whether you are obliged to provide the personal data and the possible consequences of failing to provide such data.
- The source of personal data if it wasn't collected directly from you.
- Any details and information of automated decision making, such as profiling, and any meaningful information about the logic involved, as well as the significance and expected consequences of such processing.

**To access what personal data is held, identification will be required:** The Clinic will accept the following forms of identification (ID) when information on your personal data is requested: a copy of your driving licence, passport, birth certificate and a utility bill not older than three months. A minimum of one piece of photographic ID listed above and a supporting document is required. If the Clinic is dissatisfied with the quality, further information may be sought before personal data can be released. All requests should be made by emailing: [admin@fitandable.co.uk](mailto:admin@fitandable.co.uk)

**Information Recording:** We may keep copies or recordings of any correspondence you have between us, including emails, telephone calls and consultations.

**Complaints:** In the event that you wish to make a complaint about how your personal data is being processed by the Clinic you have the right to complain to us. If you do not get a response within 30 days, you can complain to the ICO. The details for each of these contacts are:

Jenny Collis: [jennycollis@fitandable.co.uk](mailto:jennycollis@fitandable.co.uk) / 01189340926

ICO: Wycliffe House, Water Lane, Wilmslow, SK9 5AF Telephone +44 (0) 303 123 1113

